LET'S GET STARTED

SOUP DU JOUR
Ask Your Server for Today’s Flavor
Cup 3.95 Bowl 5.95

CHILI CON CARNE
Homemade, Topped with Cheese & Onion
Cup 3.95 Bowl 5.95

PLENTY O’FISH
Served Only On Friday’s... This Chowder is nearly Famous.. You Will LOVE it!
Cup 4.95 Bowl 7.95

QUESADILLA PARTY

VEGGIE
Sautéed Peppers, Onions, Mushrooms & Tomato with Cheddar Cheese 8.95
Try it with Black Beans!

HEN HOUSE
Blackened Chicken, Sauteed Onions, Peppers and Cheddar Cheese 9.95

PIQUANT PRawn
Buffalo Shrimp with Sauteed Onions, Peppers and Cheddar Cheese 11.95

PIGGLE WIGGLY
BBQ Pulled Pork, Cole Slaw & Cheddar Cheese; Served with BBQ Sauce 9.95

PUT IT IN THE BASKET

TEX MEX TORTILLAS
Smothered with Black Beans, Cheddar Cheese, Tomato, Green Chiles & Our Lime Cilantro Sour Cream. Served with Pico De Gallo 9.95
Chicken Or Beef 11.95

FRENCH FRIED POTATOES
Crispy Golden French Fries with A Side of Jalapeno Cheese Sauce 4.95

O-RINGS
Beer Battered and Served with Our Zesty Horseradish Sauce 5.95

3 CLUCKS AND SPUDS
Breaded Chicken & Our Delicious Fries; Your Choice of Dipping Sauce 8.95

CHIP SHOT
Chips & Salsa 4.95

IRISH NACHOS
Tater Tots Covered in Cheddar Cheese Sauce & Pulled Pork; Topped with Sour Cream 9.95

JUST WING IT
Jumbo Wings served in Your Choice of Sauce; Blackened, Mild, Medium, Hot, Bang Bang or Our House Specialty Ale Glazed!
10 Piece 8.95 5 Piece 5.95

BANG BANG SHRIMP
Fried Shrimp in our Sweet & Spicy Sauce 9.95

MAUI WOW-Y
Fried Mahi Chunks with Fries and Cole Slaw 11.95

PIZZAS FRESH FROM THE OVEN

MARGARITA’S PLEASE
Garlic Marinara with Mozzarella Cheese and Basil 11.95

THE USUAL SUSPECTS
Pepperoni and Cheese 11.95

RUN IT THROUGH THE GARDEN
Onions, Mushrooms, Green Pepper, Black Olive, Tomato & Pineapple 13.95

HAVE IT YOUR WAY 9.95
Each Veggie 1.50 Each Meat 2.50
Onions, Peppers, Mushrooms, Olives, Tomato, Spinach, Pineapple, Chicken, Bacon, Pepperoni
SANDWICH SHOP
All Sandwiches & Wraps Served with Your Choice of Side Item:
Mashed Potato, Succotash, Broccoli, Fruit Cup, Fred's Famous
Slaw, Rice & Beans, French Fries, Sweet Potato Fries, Onion
Rings, Tater Tots or Potato Salad

MEMBER'S ONLY
No Member's Only Jacket Needed for this Belly Filler.
Oven Roasted Turkey, Crispy Bacon, Lettuce, Tomato
& Mayonnaise 8.95

BASIC BACON
B.L.T. 6.95

SMOTHERED AND COVERED
Topped with Cheddar Cheese, Sautéed Mushrooms
and Bacon on Kaiser Roll 9.95

BIG DOG
Juicy 100% All Beef Hot Dog Served on a Grilled Bun
5.95

DOG'S DELIGHT
Our Homemade Chili Generously Tops our 1/4 Lb
Hot Dog; With Shredded Cheddar Cheese and
Chopped Onion 7.45

THE GAME CHANGER
The Now Famous 8 oz Burger; Cooked to Your
Liking; Served on a Kaiser Roll with Lettuce, Tomato,
Onion & Pickle 9.95
Bacon, Cheese, Mushroom or Onion .50 Each

STRAIGHT FROM THE DELI
Turkey, Ham, Chicken Salad or Tuna Salad Served
with Lettuce, Tomato, Onion & Pickle 8.95

PHILLY BY WAY OF COVE CAY
On an Authentic Amoroso Roll; With Sautéed
Onion, Peppers & Melted Provolone 9.95

FLOUNDERING AROUND
Grilled or Blackened; Served on a Kaiser Roll with
Lettuce, Tomato, Onion & Pickle 9.95

MARTHA'S VINEYARD
Served on a Kaiser Roll with Lettuce, Tomato, Onion
& Pickle 9.95

BAJA FRESH TACOS
3 Hard or Soft Shell Tacos Stuffed with Blackened
Mahi Mahi or Bang-Bang Shrimp, Cabbage, Diced
Tomato & Lime Cilantro Sauce
Mahi Mahi 10.95 Shrimp 12.95

ON PAR RUEBEN
Grilled Marble Rye Topped with Swiss, Thousand
Island, Sauerkraut & Corned Beef
Not a Fan of Corned Beef, Try it with Turkey! 9.95

MELT IN YOUR MOUTH
American, Swiss, Provolone, Cheddar or Pepperjack;
Try it with Tomato!
Bacon or Ham 0.50 Each

THE BIRDIE
Crispy and Juicy! Served on Kaiser Roll with Lettuce,
Tomato, Onion and Pickle
Try it Buffalo Style with Our Homemade Ranch
Dressing! 9.95

TRES CARNITAS
3 Crispy or Soft Shell Tacos Stuffed with Pulled Pork,
Cole Slaw and Cheddar Cheese 9.95

THE PINEBURLST
Tangy BBQ Pulled Pork on a Kaiser Roll, Topped
with Fred's Famous Cole Slaw 9.95

IT'S A WRAP

THE NEW SEABURY
Home Made Tuna Salad with Sautéed Onions, Swiss
Cheese, Lettuce and Tomato in a Grilled Spinach
Tortilla

Not into Wraps... Try it on Grilled Rye with Swiss
and Sautéed Onions! 9.95

CLUB CHAMP
Grilled Chicken Breast, Crispy Bacon, Lettuce,
Tomato & Mayo in a Grilled Spinach Tortilla 9.95

HOLE IN ONE
Our Juicy Burger All Wrapped Up in a Spinach
Tortilla with Your Choice of Cheese 10.95

FRESH MEX
Black Beans Seasoned to Perfection and Accompanied
by Lettuce, Tomato, Jalapeno, Cheddar Cheese,
Onion and Lime Cilantro Sour Cream 8.95

NORTH ATLANTIC
Wild Salmon in a Sweet and Tangy Balsamic Glaze
with Sautéed Onions, Lettuce & Tomato 12.95

Consumer Advisory: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk
of foodborne illness
FEELING FISHY
Beer Battered Cod with Fresh Cabbage, Tomatoes, Cheddar Cheese and Chipotle Ranch 10.95

THE SAND SAVE
Blackened Chicken, Lettuce, Tomato, Cheddar Cheese, Jalapeno & Our Own Chipotle Ranch Dressing 9.95

THE CAPE
Our Home Made Chunky Chicken Salad with Cranberries & Walnuts, Lettuce & Tomato 9.95

BUFF CHICK
Crispy Chicken Tossed in Buffalo Sauce with Lettuce, Tomato & Bleu Cheese Crumbles 9.95

THE EAGLE
Crispy Romaine with Caesar Dressing, Parmesan Cheese and Your Choice of Grilled, Blackened or Fried Chicken 9.95

FROM THE GARDEN

TOP TOMATO
Juicy Red Tomato Stuffed with Your Choice of Chicken Salad or Tuna Salad; Served on a Plate of Fresh Greens and Garden Vegetables 9.95

BACK 9
Oven Roasted Turkey, Sliced Ham, Swiss & American Cheese with Cucumber, Carrots, Onion, Tomato, Black Olives & a Hard Boiled Egg All Served over a Bed of Crispy Romaine 9.95

HAIL CAESAR
Grilled, Blackened or Crispy Chicken Served over Romaine with Shredded Parmesan and Home Made Garlic Croutons 9.95

FRUIT & SCOOP
Your Choice of Chicken Salad or Tuna Salad on a Bed of Fresh Fruit 9.95

MANDARIN MADNESS
Grilled Chicken Breast over Crispy Romaine Lettuce with Peppers, Mandarin Oranges & Crunchy Won tons; Try it with Our Ginger Dressing 9.95

THE 7TH TEE
Blackened Chicken Breast or Seasoned Ground Beef, Served over Romaine Lettuce with Shredded Cheddar, Tomato, Onion, Jalapeno & Topped with Crispy Tortilla Strips; Try it with Our Home Made Chipotle Ranch 9.95

GONE GREEK
Romaine Topped with Feta Cheese, Tomato, Onion, Cucumber, Green Pepper, Kalamata Olives, Beets & Pepperoncinis; Served with a Scoop of our House Potato Salad 9.95

With Chicken 12.95

FALL IN LOVE
A Delightful Mix of Strawberries, Mandarin Oranges, Candied Pecans, Gorgonzola Cheese & Our Citrus Vinaigrette; Topped with Grilled or Blackened Chicken 10.95

ON THE LITE SIDE

SOUP & SALAD
A cup of the Soup Du Jour, Always Home Made and Delicious, or a Cup of Maria’s Famous Chili; Served with a Side Salad and Your Choice of Dressing 6.95

with Seafood Chowder 7.95

GINGER TERIYAKI STIR FRY
Oriental Vegetables Stir Fried in Ginger Teriyaki Sauce; Over Rice & Topped with Crispy Won-Tons 7.95

With Chicken 9.95 With Shrimp 11.95

DELECT-A-BOWL
If It’s Good on A Plate, It’s Better Piled in A Bowl

HAPPY GREEK
Tomato, Onion, Peppers, Kalamata Olives, Feta Cheese & Grilled Chicken on a Bed of Rice 9.95

SOUTH OF THE BORDER
Black Beans, Pico De Gallo, Cheddar Cheese, Lime Cilantro Sour Cream & Grilled Chicken or Seasoned Ground Beef on a Bed of Rice 9.95

KIDDIE CORNER
For Our 12 and Under Crowd. Served with French Fries or Fruit Cup.

CHEESY PIE
Personal Pizza 4.95

CHEESY BREAD
Grilled Cheese 4.95

GOLDEN NUGGETS 4.95